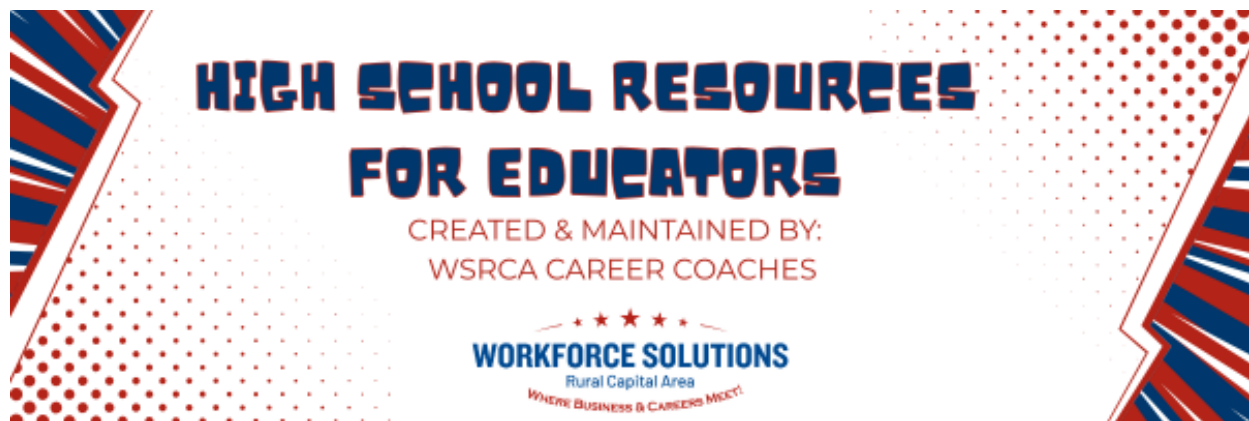




Overview of Document & Purpose

As your Workforce Solutions Rural Capital Career Coaches, we understand the need for accessible and quality resources to use with your students. We have 3 career coaches sharing 36 school districts in our 9 counties so we are sometimes not able to make it to teach your students a lesson much less a series of lessons. For this reason we are creating this LIVE document so that we can share our resources and presentations with you. We are happy for you to use any of these resources, our only request is that you use them as is with our WSRCA branding rather than copying our information into your own presentations. We are also happy to come out and teach any of these lessons to your students. Use this [K12 Career Coach Request Form](#) to request our help.

[Visit our Calendar of Events Page](#) for upcoming events your students can attend.

Career Coach Presentations

- [Employability Skills](#)

- [Financial Literacy Beyond High School](#)
- [Mastering an Interview](#)
- [Developing a Resume](#)
- [Career Exploration](#)

Helpful Documents/Handouts

- [Common Interview Questions](#)
- [Steps to Choosing a Career Pathway](#)
- [Resumes](#)
- [Workforce Tool QR Codes](#)

Power Up: Soft Skills Bootcamp

- [Power Up: Soft Skills for Success Student Bootcamp Outline](#)
- [Full 5 Day Lesson Plans and Resources](#)

Healthcare Occupation Resources

- [Occupation Packets](#) - Healthcare shortage occupations are featured in a monthly packet for high school teachers featuring career profiles, lesson plans, occupation focused videos, and hands-on simulation projects. If you would like to sign up to receive healthcare updates on upcoming events and resources for your students, please email K12outreach@ruralcapital.net .

Internship and Volunteer Opportunities

We will update these opportunities as they come available. Most internships for high school students open up during summer.

- [Texas Intern Network](#)- This website allows students to find internships available throughout the state of Texas.

Career Pathway Booklets & Student Project

- [Blueprint for my Future: A Career Pathway Project Lesson Plan and Resources](#)
- [Pathway Booklet Order Form](#)
- *These career booklets provide one-page career profiles that highlight information about different occupations, helping students explore potential career paths. Pathways highlighted are construction, healthcare, business management and IT, law and public service, manufacturing, and STEM related careers. You can also download the booklets and share with your students [Link to Electronic Copies of Booklets](#)*

Career Exploration

- [Careers in Trades](#) - This link allows you to learn about the Union based trades in our region.
- [TSTC Website](#) - Texas State Technical College
- [UTI Website](#) -Universal Technical Institute
- [The College of Healthcare Professionals](#) - The College of Healthcare Professionals
- [Temple College Website](#) - Temple College
- [Texas State University](#) - Texas State University/ Texas State University Round Rock
- [Central Texas College](#) - Central Texas College
- [Texas A&M Round Rock](#) - Texas A&M Health Science Round Rock
- [LCRA Careers](#) - LCRA
- [ACC Website](#) - Austin Community College

Workbased Learning Toolkit

This resource was created by our Regional Convener and serves as a guide for educators to engage with employers in your community to provide quality WBL opportunities.

- [Guest Speaking](#)
- [Worksite Tours](#)
- [Job Shadowing](#)

- [Mentorships](#)
- [Mock Interviews](#)
- [Career Day Participants](#)
- [Internships](#)
- [CTE Advisory Board](#)
- [Apprenticeships](#)
- [Equipment Donations](#)

Download the complete Work-Based Learning Toolkit [here](#).

Interactive Websites

The websites and links below are great resources to have students explore career pathways, search for positions, etc.

Career Ready Central Texas



Career Ready helps people across Central Texas explore careers, find training programs, and plan their next step. Whether you're a student, job seeker, or someone looking to learn new skills, you can discover opportunities that lead to real local jobs in growing industries. Start exploring careers, training programs and education pathways designed to help you succeed. Visit [Career Ready Central Texas!](#)

Career One Stop



CareerOneStop

Career One Stop is your source for career exploration, training and jobs. This site is sponsored by the U.S. Department of Labor. Visit [Career One Stop!](#)

Texas Reality Check



It's difficult to predict the future, but it's never too early to start planning for it. Texas Reality Check will show you how much your living expenses will cost, and the amount of money you will need to earn to pay for them. Visit [Texas Reality Check!](#)

Texas Career Check



TWC Resource to research various careers including average salaries, education requirements, job tasks, expected growth in the field, etc. Visit [**Texas Career Check!**](#)

Roadtrip Nation



Roadtrip Nation is a *FREE* resource for students and teachers that takes road trips to capture empowering stories that gives students the confidence and tools to find a career that matters to them. Visit [**Roadtrip Nation!**](#)

Work In Texas



Looking for your next career? Visit Work in Texas to search thousands of jobs, create a resume, research education and training and so much more. Visit [**Work In Texas!**](#)

Jobs Y'all



Multiple resources for students to explore careers and understand the education and training needed to best position themselves for where the jobs will be as they enter the workforce. Visit [**Jobs Y'all!**](#)

Texas Internship Challenge



The Texas Internship Challenge is a partnership among the Texas Workforce Commission (TWC), Texas Education Agency (TEA) and The Higher Education Coordinating Board (THECB), who challenge employers to offer paid internships and

make it easy for students to search and apply for them. Visit [Texas Internship Challenge!](#)

Rural Capital Headlight



Your sources for economic, demographic and workforce data from the Central Texas area. Visit [Rural Capital Headlight!](#)

O*NET OnLine



O*NET OnLine

Provides students and adults an array of occupation-specific information, such as relevant tasks, knowledge, skills, abilities, and salary information. Visit [O*NET OnLine!](#)

Career Progression Lattices



A career lattice is a framework for employees or job seekers to look at progression and growth of their current career or careers that interest them. Visit [Career Progression Lattices!](#)